OUR TEAM

ur multidisciplinary staff is committed to quality services that promote and support the recovery process for women in our community. Our team aims to empower women and their families to believe in their ability to live and maintain a sober lifestyle through the development of the necessary tools to successfully reintegrate into their supportive environments.

Sisters In Sobriety firmly believes that individuals can, and will, recover from the effects of a chemically dependant lifestyle once given the opportunity to make a change





THE JOURNEY TOWARDS RECOVERY STARTS HERE

THE CENTERS AT NATURAL BRIDGE



2967 Natural Bridge Road Tallahassee, FL 32305 Telephone: 850.421.4115 Fax: 850.421.4378

www.discvillage.org



commitment to **OUR COMMUNITY:**

DISC Village, Inc. prohibits discrimination in employment, programs or services, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. DISC Village affirms its commitment to providing equal opportunities and access to agency facilities.

This program receives federal Substance Abuse Prevention and Treatment Block Grant funds and serves people who inject drugs. This program is therefore federally required to give preference in admitting people into treatment as follows: Pregnant injecting drug users; Pregnant drug users; People who inject drugs; and all others.

SISTERS IN SOBRIETY RECOVERY CENTER





OUR **SERVICES**

isters In Sobriety is a moderate to long term residential treatment community for chemically dependent women 18 years of age and older. Sisters In Sobriety offers a strong and supportive therapeutic environment to assist women in constructing their personal Bridge to Change and overcome interpersonal struggles and barriers to success. Our multifaceted, holistic approach to services encourages residents to develop an individualized treatment plan that yields the highest personal success upon leaving the program.



INDIVIDUAL COUNSELING

Individualized counseling services following a harm reduction and strengths based perspective to encourage healthy lifestyle development.



EDUCATION/VOCATION

Assisting residents in identifying and attaining educational and/or vocational goals for new opportunities upon leaving the program.



CASE MANAGEMENT

Utilizing a wraparound approach to services to assist individuals and families in identifying their unique strengths and needs.



GROUP COUNSELING

Encouraging residents to develop and maintain a strong, healthy, and functional outlook upon leaving the program.

YOUR SUCCESS





he journey to recovery takes dedication and now you can take back control of your life.



MAKING THE CONNECTION

Our dedicated professionals work to identify your individual needs to develop a treatment option that



TREATMENT OPTIONS

Access to premier Evidence-Based treatment programs that fit your unique needs.

Motivational Interviewing (MI) Nutritional Screening/Counseling Cognitive Behavioral Therapy (CBT) Nursing and Medical Assistance Medication Assisted Treatment



REFERRAL SOURCES

Department of Corrections

Department of Children and Families



Self identification

